



Heritage Arts

Starter Guide.



Overview:

This project educates on the basic knowledge of heritage arts. You complete a heritage project according to Colorado State Fair requirements and record book. Heritage can either be crochet, quilting, knitting, fiber and non-fiber misc.



Requirements:

<https://co4h.colostate.edu/projects/pages/Heritage-Arts-PT.pdf>

<https://co4h.colostate.edu/projects/erecords/heritageartse-record.pdf>

(Attend 2 project meetings)

Record book in a 3-ring folder will need to accompany your project.

Record book needs to include 2 completed learning projects.

Units/Project Area

- **Crochet:** Units 1-3 <https://extension.usu.edu/utah4h/files/crocheting-handbook.pdf>
- **Ethnic Arts** <https://co4h.colostate.edu/projects/manuals/Heritage-Arts-Ethnic-Arts.pdf>
- **Knitting:** Units 1-3 <https://extension.usu.edu/utah4h/files/knitting-handbook.pdf>
- **Quilting:**
- **Unit 1** (You Can Quilt – Shop 4-H)
- **Unit 2-6** (Quilting the Best Better! – Shop 4-H)
- **Misc. Fiber**
- **Macramé** <https://co4h.colostate.edu/projects/manuals/Heritage-Arts-Macrame.pdf>
- **Needle Arts** <https://co4h.colostate.edu/projects/manuals/Heritage-Arts-Needle-Arts.pdf>
- **Rug Making** <https://co4h.colostate.edu/projects/manuals/Heritage-Arts-Rug-Making.pdf>
- **Spinning** <https://co4h.colostate.edu/projects/manuals/Heritage-Arts-Spinning.pdf>
- **Weaving** <https://co4h.colostate.edu/projects/manuals/Heritage-Arts-Weaving.pdf>



Cost of this Project:

Varies between project area whether it's crochet, knitting quilting, misc or fiber projects.

Also make sure you follow the link for state fair requirements as each project area has certain sizes and requirements.

<https://co4h.colostate.edu/statefair/StateFairExhibitReq.pdf>

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